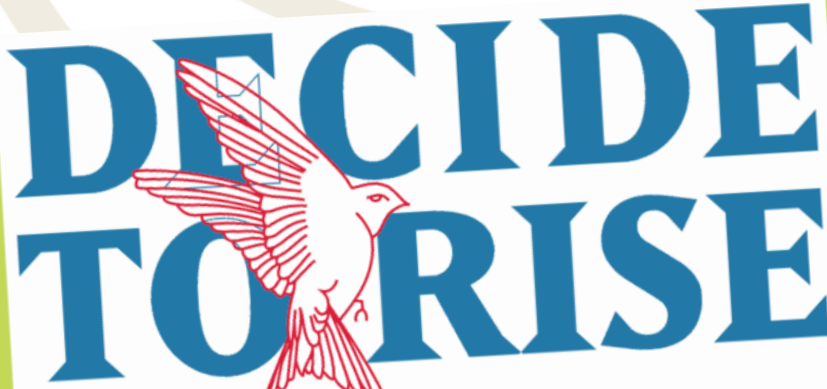


St Paul's Stafford MOPS



Term 3 Program

A Community for Mums of 0-6 year olds

A banner with the text 'DECIDE TO RISE' in large blue letters. A red dove is flying across the text. The banner is set against a background of green leopard print.

DECIDE
TO RISE

◆ Be strong ◆ Do your work ◆ Chase joy

Fri 16 July - The Work of Gratitude

Fri 30 July - Raising Worry Free Kids

Fri 13 August - Child Health

Fri 27 August - Confident Parenting

Fri 10 Sept - Your Work of Safe Keeping

9:30-11:30am - St Paul's UC, 242 Webster Rd, Stafford

Only \$5
per
session

At MOPS You'll Find:

Morning Tea provided for Mums

Inspiring Parenting Topics

Fun Activities & Crafts

Friendship

MOPS Kids program for your children!



www.facebook.com/spuc.mumsnext

mums@stpaulsstafford.org.au

Ph 3356 9465

Health Related Questions:

In the last 14 days have you travelled from overseas or a COVID-19 hotspot?

Have you been in close contact with a person who is positive for COVID-19 or is awaiting test results?

Are you an active COVID-19 case?

Are you or anyone in your household currently unwell?

If you answer yes to any of the above you will not be able to attend.

Arriving at MOPS:

Upon arrival, you'll need to sign in with the Check in QLD App at either the hall or church entrance.

Please settle your children in at the hall. Make your way to the church to enter the Mum's meeting. You'll need to maintain physical distancing - 1.5m from people not from the same household (no hugging or other physical contact). We'll have the room set up so that you can take a seat & remain seated as much as possible.

Zoom Link:

For those who are vulnerable or unable to attend.
Join Zoom Meeting [https://zoom.us/j/4777219962?](https://zoom.us/j/4777219962?pwd=NGJ4amlVT2NUUUJSemljaGpkS2VDdz09)
[pwd=NGJ4amlVT2NUUUJSemljaGpkS2VDdz09](https://zoom.us/j/4777219962?pwd=NGJ4amlVT2NUUUJSemljaGpkS2VDdz09)

Meeting ID: 477 721 9962

Password: 22061977

Vulnerable people include:

those over 70, over 65 with health conditions, First Nation People over 50 with existing conditions, anyone significantly immunocompromised, anyone who has a chronic medical condition (including moderate to severe asthma)

